

Systematic Reviews from Start to Publish: Webinar on Evidence Synthesis and Publishing

September 4-6, 2025 (8:30-12 nn) via ZOOM Teleconferencing

OBJECTIVES OF THE WEBINAR:

- To equip participants with the foundational knowledge and practical skills required to design and execute a systematic review;
- To enable participants to effectively synthesize and interpret findings from systematic reviews;
- To guide participants through the process of preparing a systematic review manuscript for publication and navigating the journal submission process.

Time	Session/s	Method/Activity
Day 1 September 4, 2025		
8:00am-8:31 am	Attendance, registration and logging in through ZOOM Meeting Room	
8:31-8:50 pm	Opening Program Invocation National Anthem Introduction of the Resource Speaker	
8:51-9:20 am	Session 1 UNDERSTANDING SYSTEMATIC REVIEWS 1.1 What is a systematic review? Difference between narrative, scoping and systematic reviews 1.2 When to do a systematic review?	LECTURE/WORKSHOP



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	<p><i>Appropriate research questions (PICO, SPIDER)</i></p> <p>1.3 Types of Systematic Reviews <i>Qualitative, Quantitative, Mixed Methods</i></p>	
9:20-10:30 am	<p>Session 2</p> <p>STEP-BY-STEP GUIDE TO CONDUCTING A SYSTEMATIC REVIEW</p> <p>2.1 Planning your review</p> <p><i>Formulating the research questions (PICO/SPIDER/CIMO)</i></p> <p><i>Registering a protocol (e.g., PROSPERO)</i></p> <p>Workshop 2015</p>	LECTURE/WORKSHOP
10:31-11:40 am	<p>2.2 Searching the literature</p> <p><i>Developing search strategies</i></p> <p><i>Databases to search (Pubmed, Scopus, PsycINFO, etc.)</i></p> <p><i>Gray literature and handsearching</i></p> <p><i>Hands-on Workshop</i></p>	LECTURE/WORKSHOP
11:40-12:00 nn	<p>OPEN FORUM</p> <p>QUESTION AND ANSWER</p> <p>LUNCHBREAK</p>	
Day 2 September 5, 2025		



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8:00am-8:31 am	Attendance, registration and logging in through ZOOM Meeting Room	
8:31-9:30 am	2.3 Screening and Selection <i>Inclusion and exclusion criteria</i> <i>Using tools (Rayyan, Covidence)</i> <i>PRISMA flow diagram</i> <i>Workshop</i>	LECTURE/WORKSHOP
9:31-10:30 am	2.3 Data Extraction <i>Designing a data extraction form</i> <i>Managing data and documentation</i> <i>Workshop</i>	LECTURE/WORKSHOP
10:30-11:30 am	2.4 Quality Appraisal <i>Tools for critical appraisal (e.g. CASP, JBI, AMSTAR)</i> <i>Risk of bias</i> <i>Workshop</i>	LECTURE/WORKSHOP
11:31-12:00 nn	OPEN FORUM QUESTION AND ANSWER LUNCHBREAK	
Day 3 September 6, 2025		LECTURE/WORKSHOP
7:00 am-8:30 am	Attendance, registration and logging in through ZOOM Meeting Room	
8:31-9:00 am	2.6 Data Synthesis <i>Narrative synthesis</i> <i>Meta-analysis basics(optional)</i>	



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	<i>Thematic synthesis for qualitative reviews</i>	LECTURE/WORKSHOP
9:01-10:00 am	SESSION 3 WRITING AND STRUCTURING YOUR REVIEW 3.1 Reporting guidelines (e.g., PRISMA) 3.2 Key Components <i>Abstract and keywords</i> <i>Introduction (background and rationale)</i> <i>Methods (transparent and replicable)</i> <i>Results (tables, figures, summary of findings)</i> <i>Discussion (interpretation, limitations, implications)</i>	LECTURE/WORKSHOP
10:01-11:30 am	SESSION 4 FROM MANUSCRIPT TO JOURNAL <i>Choosing the right journal</i> <i>Open access vs. subscription based</i> <i>Cover letters and responding to reviewers</i> <i>Common pitfalls and how to avoid desk rejection</i> <i>Ethical and practical considerations</i>	LECTURE/WORKSHOP
11:31-12:00 nn	OPEN FORUM	



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	QUESTION AND ANSWER IMPRESSIONS AWARDING OF CERTIFICATES LUNCHBREAK	
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